

Skill: TeamWork

Activity: Bull Ring Activity

Equipment: # bull rings, # tennis balls, #Solo cups, string (# depends on number of groups), scissors

Goal: To foster teamwork, communication, negotiation and problem-solving among a group. To work as a group to safely get the ball into the cup without dropping it

Time Allotment: 30- 45 minutes

- Divide students into groups—no more than 5 in a group is optimal.
- Make sure you have an open space to lay the bull ring out
- Place the bull ring in the center of the group and have the group work together to attach and pull all the strings out like a sunshine. (Let group members determine the length of the string.
- Once the bull ring is laid out, place the tennis ball in the center of the ring
- Place the cup somewhere in classroom, the shop area, down the hall, etc.
- Group members need to work together to transport the tennis ball using the bull ring and string to the cup.

Rules to share with groups:

- Members can only touch the string, except to replace the ball if it drops
- If the ball falls, they have to go back to the beginning and start over

To make it more challenging, you can:

- ❖ Take away sight or talking from some participants (ex: anyone wearing jeans can't talk)
- ❖ Once the group gets close to the cup, move it to another location (this represents change)

Debrief:

What part of the activity did you find most challenging?

Did your first plan work? If not, how did you accomplish your goal.

Did everyone contribute?

How did you feel when the cup was moved?

